



MOUNT CARMEL  
College of Nursing  
**Policy and Procedure**

<b>Policy Name:</b>	Scope of Care Policy
<b>Responsible Office:</b>	Administration
<b>Effective Date:</b>	10/14/2016
<b>Approved by:</b>	C. Wynd
<b>Revision Dates:</b>	10/19/2016

### **I. Purpose of this Policy**

To define the scope of care provided by professional counseling services to students of Mount Carmel College of Nursing.

### **II. Scope of this Policy**

Mount Carmel College of Nursing (MCCN) Student Life offers on-campus Professional Counseling Services (PCS) to enrolled students for the purpose of facilitating and supporting the College academic and professional mission. The aim is to enhance the personal and professional development and academic success of students by providing quality counseling and consultation services. MCCN PCS are available to assist the College community in enhancing the intellectual, social, professional, and emotional development of students.

When students require mental health services that are beyond the scope of care provided by PCS, they are provided with appropriate referrals to the Mount Carmel Health System, community, or other resources. Referral information is offered for treatment providers, agencies, or organizations better able to meet student needs.

### **III. Services provided by MCCN PCS**

- Short-term individual counseling for anxiety, depression, post-traumatic stress disorder, stress, abuse, anger, attention deficit disorder, low self-esteem, addictive disorders, interpersonal communication problems.
- Cognitive Behavioral therapy, Motivational interviewing, Active listening, Psychoeducation, 12 step recovery.
- Emergency/drop-in consultation during daytime hours only; mental health or drug emergencies will be referred to the emergency room on the Mount Carmel Health System west campus (located near the college); or call 911 or contact NETCARE at 614-276-2273.
- Presentations in various classes and seminars directed toward MCCN students and aimed at increasing awareness of counseling services.



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#### **IV. Services NOT provided by MCCN PCS**

- Testing/evaluation for disability claims, custody claims, or other legal or administrative proceedings.
- Psychological testing for learning disabilities, ADHD, or neurological conditions
- Intensive outpatient therapy (e.g., regularly-scheduled individual sessions which occur more than once per week, and/or have a duration longer than 1 hour).
- Family therapy.
- Services for students who are not currently enrolled in classes, due to graduation, withdrawal, or dismissal from the College.
- Therapy/evaluation that is court-ordered or required by any non-College judicial body
- Detox/rehab treatment for individuals with chemical dependency
- Intensive ongoing case management services; for example, daily phone check-ins or daily medication management.
- A situation in which a student has a mental health concern that, based on clinical knowledge, experience, and professional standards of practice, cannot be treated at PCS and must be referred for further consultation in the interest of the student's health and safety.